

**Marion Family YMCA Gym Schedule January 3 - January 21, 2023**

<b>NORTH GYM</b>						
SUN	MON	TUES	WED	THURS	FRI	SAT
	Open Gym 5:30am - 09:00 am	Open Gym 5:30am - 09:00 am	Open Gym 5:30am - 09:00 am	Open Gym 5:30am - 09:00 am	Open Gym 5:30am - 09:00 am	
	Y Preschool 8:30 - 9:00 am Open Gym 9:00- 11:00 am Y Preschool 11:00 - 11:30 am Full Court 11:30 - 2:00 pm Open Gym 2:00 - 3:00 pm	Y Preschool 8:30 - 9:00 am Open Gym 9:00- 11:00 am Y Preschool 11:00 - 11:30 am Full Court 11:30 - 2:00 pm Open Gym 2:00 - 3:00 pm	Y Preschool 8:30 - 9:00 am Open Gym 9:00- 11:00 am Y Preschool 11:00 - 11:30 am Full Court 11:30 - 2:00 pm Open Gym 2:00 - 3:00 pm	Y Preschool 8:30 - 9:00 am Open Gym 9:00- 11:00 am Y Preschool 11:00 - 11:30 am Full Court 11:30 - 2:00 pm Open Gym 2:00 - 3:00 pm	Y Preschool 8:30 - 9:00 am Open Gym 9:00- 11:00 am Y Preschool 11:00 - 11:30 am Full Court 11:30 - 2:00 pm Open Gym 2:00 - 3:00 pm	Y Preschool 8:30 - 9:00 am Open Gym 9:00- 11:00 am Y Preschool 11:00 - 11:30 am Full Court 11:30 - 2:00 pm Open Gym 2:00 - 3:00 pm
						Youth Basketball Games 8:30 am - 12:00 pm
	Open Gym 1:00 pm - 4:45 pm					Full Court 12:00 pm - 2:00 pm
	Y Preschool 2:00 - 3:30 pm	Y Preschool 2:00 - 3:30 pm	Y Preschool 2:00 - 3:30 pm	Y Preschool 2:00 - 3:30 pm	Y Preschool 2:00 - 3:30 pm	
	SACC 3:30 - 5:30	SACC 3:30 - 5:30	SACC 3:30 - 5:30	SACC 3:30 - 5:30	SACC 3:30 - 5:30	Open Gym 2:00 pm - 3:45 pm
	OPEN GYM 5:30 - 8:45 pm	Youth Basketball Practice 6:15 - 8:00 pm Open Gym 8:00 - 8:45 p	OPEN GYM 5:30 - 8:45 pm	Youth Basketball Practice 6:15 - 8:00 pm Open Gym 8:00 - 8:45 p	Youth Basketball Practice 6:15 - 8:00 pm Open Gym 8:00 - 8:45 p	

<b>SOUTH GYM</b>						
SUN	MON	TUES	WED	THURS	FRI	SAT
		Open Gym 5:30am-10:15am		Open Gym 5:30am-10:15am	Pickleball 5:30am -12:00pm	
	Pickleball 5:30am -11:45am		Pickleball 5:30am -11:45am			Pickleball 8:30am-10:00 am
		Delay the Disease 10:15am-11:45am		Delay the Disease 10:15am-11:45am		
				Open Gym 11:45-3:15pm		Open Gym 10:00-3:45 pm
Pickleball 1:00-4:45pm	Open Gym 11:45-8:45 pm	Open Gym 11:45-8:45pm	Open Gym 11:45-8:45 pm	Pickleball 3:15 - 5:00 pm	Open Gym 12:00 - 6:45 pm	
				Open Gym 5:00 - 8:45 pm		

## **MARION FAMILY YMCA GYM RULES**

Our gyms are a great asset for everyone and help us work together to nurture the potential of youth and teens through sport programs; help individuals and families of all ages improve their health & well-being through physical activity; and give our volunteer coaches an opportunity to give back and support their community.

We require all members and guests adhere to the posted gym schedule and treat one another with caring, honesty, respect and responsibility through being a good sport and by following these simple rules:

- Full court games are limited to designated times on the gym schedule November through April...no full court games during Open Gym times November through April.
- Staff may restrict full court games during Open Gym May through October on an as needed basis due to heavy gym demand.
- Wear only proper gym shoes on the court floor and only gym shoes that haven't been worn outside.
- All food and drink must remain in the lobby...water is the only beverage allowed in the gym.
- Do not hang on the rims or nets.
- Do not touch, hang on or pull the gym curtain.
- Respect those around you and the gym schedule.
- Use all gym equipment as intended.
- Follow any posted rules for game play.
- Share space during Open Gym and allow new players in during Pick-Up Games.
- Be respectful of others including no fighting or inappropriate language.

The YMCA will adjust the gym schedule from time to time to accommodate program and members' needs. If you have schedule suggestions, please leave a comment card at the Service Center. All members and guests are expected to follow the posted schedule.