

AUGUST 2022 MEMBER UPDATE

FALL YOUTH SPORTS

Soccer, Cheerleading, and Flag football will be here before you know it! The Y offers youth sports for kids at all skill levels. Learn a new sport or refine existing skills under the supervision of caring and skilled coaches.

The Marion Family YMCA youth sports programs will start on October 8 and run through November 19. The programs are for boys and girls ages 3-11. Leagues are separated by age.



Teams practice one evening a week and play games on Saturdays.

The registration deadline is September 26. Register at the YMCA at 645 Barks Road East, online at <u>www.marionymca.org</u>, or call 740-725-9622 (payment must be made at the time of registration. Financial assistance is available for those who qualify. Click the registration forms for more information.

Soccer Registration, Flag Football Registration, and Cheer Registration.

Members pay \$31 and non-members \$62.

DINING WITH DIABETES

The Marion Family YMCA, OhioHealth and OSU Extension present a 4-week series that includes cooking demonstrations, topics on menu planning, carb counting, label reading, portion control, recipes and more!

Food samples will be served from our live cooking demonstrations.

Door prizes and giveaways included.

Register by calling the Y at 740-725-9622.

No Cost Donations Accepted **Location:** Marion Family YMCA

DATES:

October 27, 2022 12:30pm - 2:30pm November 3, 2022 12:30pm - 2:30pm November 10, 2022 12:30pm - 2:30pm November 17, 2022 12:30pm - 2:30pm

Sponsored by THE OHIO STATE UNIVERSITY EXTENSION AND OhioHealth

YOUTH BASKETBALL LEAGUE EARLY BIRD

Early Bird Special September 10 - October 22 \$10.00 off Use code bball 22 League runs December 10 - January 21 Click here to download the registration form



TELL US YOUR STORY

What is the Y? To many, it is a place - a place where the community gathers safely with family and friends or where members work on becoming the person they want to be. Some think of the Y as an organization - a proud leader in the community. Others recognize the Y as a movement - a tireless drive to change lives and strengthen the communities we serve. But there's more to our story. Every day the spirit of the Y brings us together through the caring, passion, and conviction of those dedicated to our



mission. These are the people that make the Y possible, and this is our story...We want to hear about your experience and stories at the Y. There are countless other stories of members, volunteers, employees, and family members who found themselves with the help of the Y. <u>Download our story form</u> and submit it to Jason Gorby at <u>jgorby@marionfamilyymca.org</u> or stop by the Y at 645 Barks Road East.

SCHEDULES, CLOSINGS, AND MAINTENANCE INFORMATION

September 5, Closed for Labor Day

The **8-lane pool** will open on September 6. Access through Special Needs and Family Locker Rooms only.

The Small Pool and Hot Tub will close on September 6 and reopen on October, 10.

<u>Adult Water Fitness Classes Fall schedule</u> has been updated. All classes that were scheduled to start in the small pool on October 8, will move to start on October 10 and only run for 5 weeks.

During the months of September and October, we will be painting the track, and all locker rooms and replacing the floors in the adult locker rooms. More details to come.

Thank you for your understanding as we continue to make improvements to your YMCA. <u>Gym Schedule</u> <u>Small Pool Schedule August 15 through September 4</u> <u>8 Lane Pool Schedule September 6 through October 8, 2022</u> <u>September FREE Group Exercise Classes</u> Marion Family YMCA | WOPAT YMCA CENTER, 645 Barks Road East, Marion, OH 43302

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