



Introducing our new Mobile App

Marion Family YMCA Connect Pro Upgrade

All Y members can upgrade to a "pro" membership
FOR JUST \$5.00 per person, PLUS TAX A MONTH
Must set up at the Service Center

Pro Upgrade Includes everything in the **FREE** App plus:

Meditation Tile: Pro Only Click on this tile to view a library of meditation sessions, making it a complete and holistic member experience. Sleep, Body, Nature and Sounds.

Videos On Demand Tile: Pro Only Click the tile and browse in multiple groups of workouts: Cardio, Core, Dance, yoga, HIIT and much more! Work outs with Jillian Michaels, Zumba and Billy Blanks: Tae Bo and Les Mill On demand. Search by level: easy, standard, advanced or flex. Search by duration from ones shorter than 20 minutes to longer ones. Or just use the "Search video" tab to find a specific workout or workout type that you like

Nutrition Tile: Pro Only Click on this tile and download the nutrition app to track calorie intake and more.

FREE App includes:

Barcode Tile: Check in and out from your phone.

Private Facebook Group Tile: If you are a member of the group, click on the tile and you will go directly to the private group. If you haven't signed up and been approved, go to Facebook and search for Marion Family YMCA Fitness.

Reserve Your Spot Tile: Click on this tile, you will go directly to our reservation page. You can reserve spots for Pool, Child Watch and Group Exercise Classes.

Program Registration Tile: Click on this tile, you will go directly to our registration page on Website and sign up for paid programs.

Schedule Tile: Click on this tile and you will go directly to a list of all the classes that you need to make a reservation to attend and all of our paid programs. Search by date, instructors or activities. You can find a class and click on reserve your spot or if it is a paid class, click on Register Now and it will take you to our Website.

Workouts Tile: Click on this tile and you can search for example exercise workouts or create your own workout. Pro work-outs include animations.

Challenges Tile: Click on this tile and join a challenge. Cycling, sit-ups walking and much more!

Community Tile: Click on this tile and view the central communication area. You can reach out to other members in the community.

Activity Tile: Click on this tile and view your activities and challenges you are doing.

Progress Tracker Tile: Click on this tile to view your progress and update your progress.

My Profile Tile: Click on this tile to view your communication with others, view your work-outs and challenges.

Account Settings Tile: Click on this tile to set up your personal information, notifications, privacy settings and connect to personal devices.

