

## **Marion Family YMCA Youth Sports COVID Health Protocols Updated and Effective March 4, 2021**

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In an effort to keep our staff, families, and children safe, the YMCA has implemented the following practices and procedures for all Youth Sport leagues and programs. Please note that these are subject to change based on current pandemic conditions, best practices, State of Ohio rules and guidance from Marion Public Health.

### **Social Distancing & Physical Contact**

- **Spectators will be required to maintain social distancing of 6 feet or more by household.**
- When not involved in play, participants will maintain social distancing of 6 feet or more. This is also age-dependent. We realize that 3 & 4-year-olds may not be able to follow the same social distancing rules as older children.
- Physical contact is only permitted within the rules of the game during practice and games.
- Players cannot high five, handshake, or other physical contact. A “tip the cap” or verbal “good game” will be used in place of the regular handshake line after games.

### **Masks**

- Face masks are **required** for spectators unable to maintain a distance of 6 feet or more by household based on Ohio’s current face mask order. If there is no state-wide mask order, spectators are still encouraged to wear a mask.
- Teams / groups that have at least one participant age 10 or older will be required to wear a mask except during times of practice or game play.

### **Coaches**

- Each group / team will have their own set of equipment that will not be shared between groups except for the purpose of games. Coaches will be responsible for sanitizing equipment before and after each practice and games with disinfectant provided by the Y.
- Coaches and participants will wash or sanitize their hands before, during, and after participating in practices and games (each coach will be issued hand sanitizer for their group / team).
- Coaches will wear face masks at all times.

### **Participant & Spectator Information**

- No sharing of athletic personal protective equipment. Participants will be required to bring their own water bottles or snacks (consider providing a snack at home after practice). No spitting or eating seeds, gum, or other products.
- Participants and spectators should perform a self-screening each day and are asked to stay home if they have an elevated temperature or are exhibiting signs or symptoms of COVID-19, or are told by health care provider they are likely to have COVID-19, or have been diagnosed with COVID-19.

**All participants, spectators and coaches must be able to answer NO to these daily self-screen questions in order to attend a practice or games:**

1. Do you live with anyone or have you had close contact (prolonged or coughed on, for example) with anyone who has been diagnosed or diagnosed as likely with COVID-19 within the last 14 days?
2. Do you have a fever, cough and/or shortness of breath?
3. Do you have any of the following symptoms: fever, chills, difficulty breathing, fatigue, muscle or body aches, head-ache, sore throat, new loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea?
4. Any other signs of communicable illness such as a cold or flu?
5. Within the last 14 days, have you traveled to a state that is on the Ohio Travel Advisory list?

**If you answer yes to any of the above questions, you must stay home.**

- Spectators and participants should not arrive more than 10 minutes before the start of each practice and game. Individuals should not congregate in common areas or in the parking lot before, during, or after practice sessions or games.
- Spectators must not enter player areas (on field of play or sideline team areas).

**COVID Suspected & Positive Cases**

- If any individuals show symptoms during a practice or game, they will immediately be isolated and sent home to seek medical care.
- If any participants or family members who live in the same home test positive for COVID-19 or were exposed to someone with COVID-19, a parent must immediately contact the Youth Sports Coordinator, Nicole Brown at nbrown@marionfamilyymca.org or 740-725-9622. The YMCA will report any suspected cases or suspected exposure to Marion Public Health.
- By enrolling a child in a Y Youth Sports League, parents are assuming the risk of exposure to communicable diseases, including COVID-19.