



Introducing our new Mobile App Marion Family YMCA Connect Virtual Membership

\$13.00 plus tax a month

To sign up, go to www.marionymca.org or call 740-725-9622

VIRTUAL HOUSEHOLD MEMBERSHIP

Monthly \$13.00

Sales tax \$0.94

Total monthly draft \$13.94

Annual dues \$156.00

Sales tax \$11.31

Total \$167.31

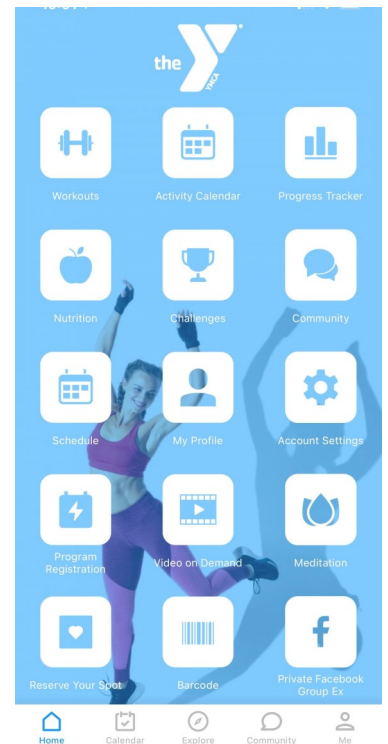
Semi-annual dues \$78.00

Sales Tax \$5.66

Total \$83.66

Access to a library of workouts, challenges, Marion YMCA Private Facebook Fitness group, nutrition, groups and more.

Does not give you member discounts /pricing on programs



The Y at Home. On the Go. Online

The Virtual Membership includes the following:

Private Facebook Group Tile: If you are a member of the group, click on the tile and you will go directly to the private group. If you haven't signed up and been approved, go to Facebook and search for Marion Family YMCA Fitness.

Program Registration Tile: Click on this tile, you will go directly our registration page on our Website. You can sign up for paid programs.

Workouts Tile: Click on this tile and you can search for example exercise workouts or create your own workout. Pro work-outs include animations.

Challenges Tile: Click on this tile and join a challenge. Cycling, sit-ups walking and much more!

Community Tile: Click on this tile and view the central communication area. You can reach out to other members in the community.

Activity Tile: Click on this tile and view your activities and challenges you are doing.

Progress Tracker Tile: Click on this tile to view your progress and update your progress.

My Profile Tile: Click on this tile to view your communication with others, view your work-outs and challenges.

Account Settings Tile: Click on this tile to set up your personal information, notifications, privacy settings and connect to personal devices.

Meditation Tile: Click on this tile to view a library of meditation sessions, making it a complete and holistic member experience. Sleep, Body, Nature and Sounds.

Videos On Demand Tile: Click on this tile and browse in multiple groups of workouts: Cardio, Core, Dance, yoga, HIIT and much more! Work outs with Jillian Michaels, Zumba and Billy Blanks: Tae Bo and Les Mill OnDemand. Search by level: easy, standard, advanced or flex. Search by duration from ones shorter than 20 minutes to longer ones. Or just use the "Search video" tab to find a specific workout or workout type that you like.

Nutrition Tile: Click on this tile and download the nutrition app to track calorie intake and more.