



Marion Family YMCA: Soccer Rules 3 – 4-year-old division

Field Dimensions: 25-35 yards in length 14-25 yards in width

Ball Size: #3

Number of Players (on field): 4v4 or 5v5

Player's Equipment:

- *Footwear*- tennis shoes or soccer cleats (NO METAL),
- *Jersey*- YMCA issued, reversible red / blue jersey,
- *Protection*- shin guards are highly recommended not required. If worn, MUST be under socks and not exposed;
- *Safety*- players may not wear jewelry, watches, rings, earrings, etc.

Substitutions: May be made after each quarter. Each player MUST play a half.

Linesmen: Parents / volunteers may assist coach with out-of-bounds calls only.

Coaches: One coach at a time is permitted on the field during the game.

Start of Play: Away team will choose goal to defend and begin kickoff. Away team will kickoff to start second half. Teams will change ends of the field at half-time. Opponents must be 18-feet from ball during kickoff. Goal may not be scored from kickoff.

Ball In / Out of Play: Out-of-play when ball has completely crossed the goal / touch line whether on the ground or in the air.

The ball is in-play when it rebounds off of a goal post or cross bar and stays within the goal or sideline.

Method of Scoring: No scoring in this age division.

Offside: No offside in this age division.

Fouls / Misconduct:

- Kicking / hitting or attempting to kick / hit another player,
- Slide tackling,
- Tripping another player,
- Jumping at another player,
- Violent / dangerous charging
- Holding another player,
- Interfering with a goalie,
- Handling the ball,
- Kicking at the ball or goalie after their hands are on the ball.

Penalties:

- Ball changes possession,
- Indirect free kick awarded to opposing team at point of foul,
- Goal cannot be scored directly on indirect kick (another player must touch ball before goal is made),
- A player made be asked to sit out for two minutes for repeated fouls or dangerous gameplay,
- If player who sits out for 2 minutes continues to repeat behavior, then may be asked to sit out for a quarter, half, or entire game at coaches' discretion.

Free Kicks: All free kicks in this league are considered indirect kicks (ball must touch another player before a goal can be made).

Penalty Kicks: No penalty kicks in this age division.

Throw-In: *OPTIONAL IN THIS AGE DIVISION*

- Awarded to opponents of player who last touched out-of-play ball,
- Ball must be brought all the way behind throw-in player's head and brought forward in one fluid motion,
- Must release ball with both hands evenly (no side-spin),

- Both feet must remain on the ground (if not, retry),
- If there is a foot lift on retry on throw-in, then opposing team is awarded a throw-in.

Goal Kick: *OPTIONAL IN THIS AGE DIVISION*

- Awarded when ball is out-of-play having touched a player of offensive team,
- Goal may not be scored from goal kick,
- In this age division, opposing team should remain on their defending half during a goal kick.

Corner Kick: *OPTIONAL IN THIS AGE DIVISION*

- Awarded when ball is out-of-play having touched a player of defensive team,
- Goal may not be scored from corner kick.

Duration: (4) 6-minute quarters, 5-minutes half-time, and (2) 2-minute time-outs each half.

Goalies: No goalies in this age division.

Change of Rules / Regulations: The Marion Family YMCA reserves the right to make any changes to the above rules.