



## Marion Family YMCA: Soccer Rules 10 – 13-year-old division

**Field Dimensions:** 70-80 yards in length                      45-55 yards in width

**Ball Size:** #5

**Number of Players (on field):** 9v9

**Player's Equipment:**

- *Footwear*- tennis shoes or soccer cleats (NO METAL),
- *Jersey*- YMCA issued, reversible red / blue jersey,
- *Protection*- shin guards are highly recommended not required. If worn, MUST be under socks and not exposed;
- *Safety*- players may not wear jewelry, watches, rings, earrings, etc.

**Substitutions:** May be made on a corner kick, on a foul, after a goal, and at halftime. Substitutions may NOT be made on a corner kick, on a foul, or on another team's throw-in if they're not substituting. Each player MUST play a half. **PLAYER POSITIONS MUST BE ROTATED!**

**Linesmen:** Parents / volunteers may assist coach with out-of-bounds calls only.

**Coaches:** ONLY sideline coaching is permitted during the game.

**Start of Play:** Away team will choose goal to defend and begin kickoff. Away team will kickoff to start second half. Teams will change ends of the field at half-time. Opponents must be 18-feet from ball during kickoff. Goal may not be scored from kickoff.

**Ball In / Out of Play:** Out-of-play when ball has completely crossed the goal / touch line whether on the ground or in the air.

The ball is in-play when it rebounds off of a goal post or cross bar and stays within the goal or sideline.

**Method of Scoring:** A goal is scored when the ball WHOLLY crosses the goal line. Each goal counts as ONE point. There is no over time.

**Offside:**

- A player is considered in offside position when they are in the opponents half of the field and is closer to the opponents goal line than BOTH the ball AND the second-to-last defender (usually the last defensive player in front of the goalie) at the same time that the ball is played forward.
- When the offside player becomes involved in the play they have committed an infraction of the rules.
- The penalty is an indirect free kick.

**Fouls / Misconduct:**

- Kicking / hitting or attempting to kick / hit another player,
- Slide tackling,
- Tripping another player,
- Jumping at another player,
- Violent / dangerous charging
- Holding another player,
- Interfering with a goalie,
- Handling the ball,
- Kicking at the ball or goalie after their hands are on the ball.

**Penalties:**

- Ball changes possession,
- Indirect free kick awarded to opposing team at point of foul,
- Goal cannot be scored directly on indirect kick (another player must touch ball before goal is made),
- A player made be asked to sit out for two minutes for repeated fouls or dangerous gameplay,

- If player who sits out for 2 minutes continues to repeat behavior, then may be asked to sit out for a quarter, half, or entire game at coaches' discretion.

**Free Kicks:** All free kicks in this league are considered indirect kicks (ball must touch another player before a goal can be made).

**Penalty Kicks:** No penalty kicks in this age division.

**Throw-In:**

- Awarded to opponents of player who last touched out-of-play ball,
- Ball must be brought all the way behind throw-in player's head and brought forward in one fluid motion,
- Must release ball with both hands evenly (no side-spin),
- Both feet must remain on the ground (if not, retry),
- If there is a foot lift on retry on throw-in, then opposing team is awarded a throw-in.

**Goal Kick:**

- Awarded when ball is out-of-play having touched a player of offensive team,
- Goal may not be scored from goal kick,
- In this age division, opposing team should remain on their defending half during a goal kick.

**Corner Kick:**

- Awarded when ball is out-of-play having touched a player of defensive team,
- Goal may not be scored from corner kick.

**Duration:** (2) 20-minute halves, 5-minutes half-time, and (2) 2-minute time-outs each half.

**Goalies:** PLAYER POSITIONS MUST BE ROTATED!  
Once goalie has taken control of the ball in their hands they have no more than SIX seconds to release it back into play. Only the goalie may touch the ball in the goal area and only the goalie may touch the ball with their hands. A goalie may move anywhere within the goal area within those SIX seconds. Goalies are not allowed to dribble the ball the length of the field to score a goal.

**Change of Rules / Regulations:** The Marion Family YMCA reserves the right to make any changes to the above rules.