

## SERVING THE COMMUNITY THROUGH WATER SAFETY HEALTH, WELL-BEING & FITNESS

## Lifeguard Training

MARION FAMILY YMCA

Where:

Marion Family YMCA

Cost:

Member: \$175.00 Program Participant: \$250.00

When:

Thursday, April 1st 4:00pm - 5:00pm information meeting & swim test Online learning begins Friday, April 2nd

Saturday, April 17th 8:00am - 5:00pm in-person Sunday, April 18th 10:00am - 5:00pm in-person

## Additional Info:

This is a blended Red Cross Lifeguard Certification. 7 hours online learning, 19 hours in-person learning. Participants must be 16 years or older by the first day of the class in order to take the course. Participants must attend ALL class dates and times to be certified. Class is open to a limited number of <u>6</u> participants.

## **Prerequisites:**

Participants must complete the following Physical Competency Requirements on the first day of class to be eligible for certification:

300 yard swim, 2-minute water tread using only legs, and a timed brick retrieval.

Participants are expected to bring a swim suit and be prepared to get in the water every day of class.

Must sign Lifeguard Class COVID Waiver.

Please refer any questions to the Aquatics Director, Andrew Franklin at afranklin@marionfamilyymca.org or 740-725-9622

MARION FAMILY YMCA WOPAT YMCA CENTER

645 Barks Road East - Marion, OH 43302 P 740-725-9622 www.marionymca.org



Friday, April 16th 4:00pm - 8:00pm in-person