



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MARION FAMILY YMCA MARTIAL ARTS

Build coordination, agility, control, self-confidence through this program.

\*\*\*All information is subject to change according to any announcements by the state of Ohio regarding their Responsible Restart guidelines or the Marion Public Health Department.

### Session Dates / Times:

7 week session—Fridays

April 9—May 21, 2021

Beginner 4:30—5:30 pm

Intermediate 5:45—6:45 pm

**Ages:** 6-12 years

**Member Fee:** \$18 per child

**Non-Member Fee:** \$36 per child

**Class will be held in AS1.**



**Please see the back of this form for our COVID protocols.**

Questions? Please call or e-mail Nicole Brown P 740-725-9622 E nbrown@marionfamilyymca.org

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### Marion Family YMCA Registration

Name \_\_\_\_\_ Age \_\_\_\_\_ D.O.B \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

Phone Number \_\_\_\_\_ Parent's Name \_\_\_\_\_

## **Martial Arts COVID Health Protocols**

In an effort to keep our staff, families, and children safe, the YMCA has implemented the following practices and procedures. These are immediately adopted and are in effect.

- Participants will maintain social distancing of 6 feet or more which will be indicated by markings on the floor.
- Physical contact is only permitted for the purpose of spotting or positioning and will be limited in duration.
- Instructor will be responsible for sanitizing equipment before and after each practice with specified disinfectant.
- **All participants, spectators and instructors must be able to answer NO to these daily self-screen questions in order to attend class:**
  - Do you live with anyone or have you had close contact (prolonged or coughed on, for example) with anyone who has been diagnosed or diagnosed as likely with COVID-19 within the last 14 days?
  - Do you have a fever, cough and/or shortness of breath?
  - Do you have any of the following symptoms: fever, chills, difficulty breathing, fatigue, muscle or body aches, headache, sore throat, new loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea?
  - Any other signs of communicable illness such as a cold or flu?
  - In the last 14 days have you traveled to any state that is currently on Ohio's Travel Advisory list?

**If you answer yes to any of the above questions, you must stay home.**

- Martial Arts Instructor and participants will wash or sanitize their hands before and after participating in practices.
- **Only one parent per child will be allowed to spectate during class.**
- Spectators and participants should not arrive more than 10 minutes before the start of each class and must remain separated by household. No one may congregate before or after class.
- Participants will be required to bring their own water bottles. Water fountains will be unavailable for use at this time.
- Face masks are required for all spectators, participants, and instructors at all times.
- Everyone who enters the YMCA must check-in at the Service Center so that we can ensure we know who was present in our facility at any given time.
- If any participants or family members who live in the same home test positive for COVID-19 or are exposed to someone with COVID-19, a parent must immediately contact Program Manager, Nicole Brown at 740-725-9622.
- If any individuals show symptoms during a class, they will immediately be isolated and sent home to seek medical care.
- By enrolling a child in a Y Youth Sports Program, parents are assuming the risk of exposure to communicable diseases, including COVID-19.