



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MARION FAMILY YMCA

## INTERNAL MEMO

**To:** Member Service Reps, Membership Assistants, RMs, Dirs, Coords  
**From:** Theresa  
**Re:** November 27 Updates  
**Date:** November 27, 2020

---

### Masks:

- In response to local, state-wide and national calls to do everything possible to stop the spread of COVID19, we're requiring members to wear a mask at all times, including when exercising.
- The only exceptions are: 1) in a pool and 2) in Group Exercise classes once a member is in their designated "spot". Older Adult Group Exercise classes will continue to require a mask.
- Masks must be cloth / fabric and cover an individual's nose, mouth and chin.
- Masks at all times is in effect at least through December 12. We'll reassess every two weeks.
- There are no medical exceptions. If someone claims a medical exception, please let them know that we're no longer making exceptions for medical conditions. Use this language:

"We care about your safety. If you have a medical condition that makes it difficult to breathe while wearing a mask, then the Y isn't a safe environment for you right now.

I'm happy to take your name and phone number and have a Wellness staff member call you to discuss at home exercise options including our Facebook Live fitness classes."

If they'd like their membership to go on hold until such a time when they can use the Y without a mask, we're happy to do that for them.

If the individual would like a call to help with at home workouts, please give their name and phone number to Heather.

### Classes:

- We're taking a two-week break from all exercise classes in the pools. There are no classes the weeks of November 22 and 29. We'll reassess on December 1. Participants will receive a credit for canceled classes.
- Masks are now required in all youth sport, fitness and exercise classes including tumbling and youth fitness.
- If a parent is bringing a child to a family friendly Group Exercise class that child must have their own reservation in GroupExPro.
- We canceled Swim Lessons for the rest of the session. Andrew notified everyone. We probably won't offer swim lessons again until March or April.

### Pools:

- We have new pool schedules through December 5. We may be making pool schedules week to week for some time. The pool schedules will run Sunday through Saturday.
- We added additional Independent Exercise times in some of the spots where we canceled classes.
- The maximum number in the Small Pool for Independent Exercise is now six.

### Other Reminders:

- All staff must perform a daily health screening and email or text to [jgrimes@marionfamilyymca.org](mailto:jgrimes@marionfamilyymca.org) before coming to work each day. If you need another copy of the health screening questions, please ask your supervisor.
- Remain 6 feet from other staff & members unless required by a specific job function. Thank you!