



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SERVING THE COMMUNITY THROUGH WATER SAFETY HEALTH, WELL-BEING & FITNESS

Lifeguard Training

MARION FAMILY YMCA

Where:

Marion Family YMCA

Cost:

Member: \$125.00

Program Participant: \$200.00

When:

Thursday, November 19th 5:00pm - 7:45pm

Information meeting & swim test

Friday, November 20th 4:00pm - 6:45pm

Saturday, November 21st 8:00am - 3:45pm

Sunday, November 22nd 9:00am - 4:45pm (9:00am-12:00pm zoom)



Additional Info:

This is a YMCA Lifeguard Certification. Participants must be 16 years or older by the first day of the class in order to take the course. Participants must attend ALL class dates and times to be certified. Class is open to a limited number of 8 participants.

Prerequisites:

Participants must complete the following Physical Competency Requirements on the first day of class to be eligible for certification:

Tread water for 2 minutes. Swim 100 yard of the front crawl, 50 yards of front crawl with the head up, sidestroke, breaststroke with head up and elementary backstroke kick with hands on the chest. Perform a feet first surface dive in 8 to 10 feet of water (maximum depth of training facility). Then swim under water for 15 feet.

Participants are expected to bring a swim suit and be prepared to get in the water every day of class.

**MUST AGREE TO AND SIGN WAIVER (SEE BACK).
LEGAL GUARDIAN MUST SIGN ON BEHALF OF ANYONE UNDER THE AGE OF 18.**

Please refer any questions to the Aquatics Director, Justis Davis at jdavis@marionfamilyymca.org or 740-725-9622 ext 16.

**MARION FAMILY YMCA
WOPAT YMCA CENTER
645 Barks Road East - Marion, OH 43302
P 740-725-9622 www.marionymca.org**

**MARION FAMILY YMCA
LIFEGUARD CLASS COVID WAIVER**

IN CONSIDERATION OF BEING PERMITTED, OR MY MINOR CHILD PERMITTED, TO PARTICIPATE IN A LIFEGUARD CERTIFICATION COURSE AT THE MARION FAMILY YMCA I, ON BEHALF OF MYSELF, EACH OF MY MINOR CHILDREN AND ANY OF MY PERSONAL REPRESENTATIVES, HEIRS, AND NEXT OF KIN, HEREBY ACKNOWLEDGE, AND REPRESENT THAT I AGREE TO THE FOLLOWING.

I acknowledge the contagious nature of the coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing.

I understand that although the Marion Family YMCA has put in place preventative measures to reduce the spread of COVID-19 and other communicable diseases, that risk can never be eliminated and due to the nature of the Lifeguard Certification course that risk is greater than other activities at the YMCA.

I understand that the Lifeguard Certification course will include skill training and practice that puts participants in close proximity to one another and that some of this skill training will also be without participants wearing masks.

I further acknowledge that the Marion Family YMCA cannot guarantee that I will not become infected with the coronavirus/COVID-19. I understand that the risk of becoming exposed to and/or infected by the coronavirus/COVID-19 may result from the actions of myself / my child during my / my child's certification training.

I voluntarily seek these services provided by the Marion Family YMCA and acknowledge that I am increasing my risk / my child's risk to exposure to the Coronavirus/COVID-19.

I / my child will follow all Marion Family YMCA daily building entry and class attendance health screenings.

Participant's Name (print): _____ DOB: _____

If participant is a minor:

Parent's Name (print): _____

Signature of Participant or Parent (if minor)

Date