

**Marion Family YMCA**  
**Youth Sports COVID Health Protocols**  
**Updated and Effective September 1, 2020**

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In an effort to keep our staff, families, and children safe, the YMCA has implemented the following practices and procedures for all Youth Sport leagues and programs. Please note that these are subject to change based on current pandemic conditions, best practices, State of Ohio rules and guidance from Marion Public Health.

1. Participants will be divided into groups of 9 participants per group / team maximum.
2. Games are intra-club only. None of the YMCA Youth Sport Leagues involve travel or competition with teams outside of the Marion Family YMCA.
3. Practice and game times will include time in between to allow for one set of teams to leave the play area before the next set of teams arrive.
4. Each group / team will have their own set of equipment that will not be shared between groups except for the purpose of games. Coaches will be responsible for sanitizing equipment before and after each practice and games with disinfectant provided by the Y.
5. No sharing of athletic personal protective equipment. Participants will be required to bring their own water bottles or snacks (consider providing a snack at home after practice). No spitting or eating seeds, gum, or other products.
6. Periods of game play will be limited to 10 minutes followed by a break of 5 minutes for social distancing between teams.
7. When not involved in play, participants will maintain social distancing of 6 feet or more. This is also age-dependent. We realize that 3 & 4 year-olds may not be able to follow the same social distancing rules as older children.
8. Teams / groups that have at least one participant age 10 or older will be required to wear a mask except during times of practice or game play.
9. Rotating players during games will occur between periods.
10. Physical contact is only permitted within the rules of the game during practice and games.
11. Participants and spectators should perform a self-screening each day and are asked to stay home if they have an elevated temperature or are exhibiting signs or symptoms of COVID19, or are told by health care provider they are likely to have COVID19, or have been diagnosed with COVID19.

**All participants, spectators and coaches must be able to answer NO to these daily self-screen questions in order to attend a practice or games:**

1. Do you live with anyone or have you had close contact (prolonged or coughed on, for example) with anyone who has been diagnosed or diagnosed as likely with COVID-19 within the last 14 days?
2. Do you have a fever, cough and/or shortness of breath?

3. Do you have any of the following symptoms: fever, chills, difficulty breathing, fatigue, muscle or body aches, head-ache, sore throat, new loss of taste or smell, congestion or runny nose, nausea or vomiting, or diarrhea?
4. Any other signs of communicable illness such as a cold or flu?
5. Within the last 14 days, have you traveled to a state that is on the Ohio Travel Advisory list?

**If you answer yes to any of the above questions, you must stay home.**

12. Coaches and participants will wash or sanitize their hands before, during, and after participating in practices and games (each coach will be issued hand sanitizer for their group / team).
13. Coaches will wear face masks at all times.
14. Players cannot high five, handshake, or other physical contact. A "tip the cap" or verbal "good game" will be used in place of the regular handshake line after games.
15. Spectators and participants should not arrive more than 10 minutes before the start of each practice and game. Individuals should not congregate in common areas or in the parking lot before, during, or after practice sessions or games.
16. Spectators will be required to maintain social distancing of 6 feet or more.
17. Face masks are required for spectators based on Ohio's current face mask order. If there is no state-wide mask order, spectators are still encouraged to wear a mask.
18. Spectators must not enter player areas (on field of play or sideline team areas).
19. During week-day practices, only one spectator per participant is allowed.
20. During games, we encourage parents to record games for extended family and limit spectators to just those in your immediate household. All spectators must maintain 6 feet of distance from all individuals, regardless of household.
21. If any participants or family members who live in the same home test positive for COVID-19, a parent must immediately contact the Youth Sports Coordinator, Nicole Brown at [nbrown@marionfamilyymca.org](mailto:nbrown@marionfamilyymca.org) or 740-725-9622.
22. If any individuals show symptoms during a practice or game, they will immediately be isolated and sent home to seek medical care.
23. If any participants or family members who live in the same home were exposed to someone with COVID-19, a parent must immediately contact the Youth Sports Coordinator, Nicole Brown at [nbrown@marionfamilyymca.org](mailto:nbrown@marionfamilyymca.org) or 740-725-9622.
24. The YMCA will report any suspected cases or suspected exposure to Marion Public Health.
25. By enrolling a child in a Y Youth Sports League, parents are assuming the risk of exposure to communicable diseases, including COVID-19.