



**BE HEALTHY.  
BE SAFE.  
WE ARE ALWAYS  
HERE FOR YOU.**

August 21, 2020

Dear Y Member,

It was great to see Marion County return to Level 2 Orange in Ohio's Public Health Advisory system. Everyone's efforts to social distance, wear masks and stay home when ill is working. Let's work together to keep it up so that we continue to reduce the spread of COVID19.

As with last week, this update focuses on current and upcoming Y programs. We're excited to continue adding to our offerings.

### **CHILD WATCH OPENING IN SEPTEMBER**

The Marion County threat level has gone down to ORANGE so we are preparing to open Child Watch sometime in mid to late September. We'll have limited hours and reservations will be required when we first open. More details to come.

### **NEW IN GROUP EXERCISE**

Line Dancing starts in September Monday and Wednesdays 11:15 am-12:00 pm. As with all in-person Group Exercise classes, Line Dancing is by reservation. You can find directions on how to register for a Group Exercise class on our [website here](#).

[Click here for this month's full Group Exercise schedule.](#)

### **GET INSPIRED. GET TOGETHER. GET RESULTS SMALL GROUP TRAINING**

Are you looking for a workout with just a few family members or friends? For more information, [click here](#) or contact Heather Wright at [hwright@marionfamilyymca.org](mailto:hwright@marionfamilyymca.org)

### **ENHANCING YOUR CHILD'S SCHOOL DAY CHILD CARE FOR ELEMENTARY SCHOOL CHILDREN**

**We have changed our child care plans to match the school hybrid schedule this fall. We've got you covered.**

#### **Program Dates & Times:**

- August 31 through May 28. We generally follow Marion City Schools (MCS) and Pleasant Local Schools calendars.
- **Before school care: starting 6:45 am** until school bus picks up at the Y. MCS will pick up for George Washington & Benjamin Harrison. Pleasant picks up for Pleasant Elementary.
- **After school care: until 6:00 pm** - Arrival at Y by MCS bus from George Washington & Benjamin Harrison or from Pleasant by Pleasant bus until 6:00 pm.
- **Full Day Care:** Will be offered while school districts operate on a hybrid in-school model due to COVID-19. The program will be offered Monday- Friday. Weekly fees

- are for a child to attend three days per week.
- [Click here for more details](#) or to register go to [marionymca.org/register](http://marionymca.org/register)

## **PRESCHOOL FULL DAY CHILD CARE**

Registration for our full-day **Preschool Child Care** is open. Basic information is:

- September 1, 2020 - May 29, 2021 Monday through Friday
- 6:45 am - 5:45 pm for ages 3 through 5.
- For more details [click here](#) or
- Contact Justis Davis at [jdavis@marionfamilyymca.org](mailto:jdavis@marionfamilyymca.org) or 740-725-9622.

## **YOUTH SPORTS ARE BACK!**

Registration is now open for **Youth Soccer, Youth Flag Football and Youth Cheer**

**Leading**. Soccer and flag football are open for ages 3-12. Cheer leading ages 3-9.

Season starts Saturday, September 12 with a scheduled time to meet your child's coach.

See details and register on our website [marionymca.org/youth/](http://marionymca.org/youth/). You can read our health protocols for Youth Sports [here](#).

## **YMCA WEIGHT LOSS PROGRAM**

### **Tools for healthy living**

September 16—December 9 Wednesdays 5:15-6:15 pm Limit of 9

No class the week of Thanksgiving

For more information, [click here](#) and scroll down the page or contact Heather Wright at [hwright@marionfamilyymca.org](mailto:hwright@marionfamilyymca.org)

We continue to offer the following to our members:

- Building Hours: Monday – Friday 5:00 am – 2:15 pm and 3:30 – 8:00 pm; Saturday 8:00 am – 2:00 pm.
- Group Exercise classes through a [Virtual Private Facebook Group Page](#) (available to members only, including members on hold) and
- Group Exercise classes in-person by [reservation](#). [Click here for this month's schedule](#).
- Two Full Size Basketball Courts – No reservations needed, available for Open Gym and Pickleball.
- Marion's only Indoor Aquatic Center with Two Pools, Lap Swim, Family Swim and individual Adult Water exercise by [reservations](#).
- Water exercise classes, martial arts, and swim team.
- Full day Preschool Child Care
- School Age Child Care
- Showers Monday through Friday 5:00am - 2:00pm

## **We will be closed on Monday, September 7 for Labor Day**

By working together and following our health protocols, we hope to continue adding opportunities for our members to be healthy and well through the Y.

Thank you for continuing to be part of our Y family.

Carrie Guyton

Director of Relationships

[cguyton@marionfamilyymca.org](mailto:cguyton@marionfamilyymca.org)

## **Reminder of our Health protocols and policies...**

- Masks are required except while exercising & for children 9 & younger.
- We're continuing to ask all members to perform self-screening before entering the building. You can [read the screening requirements here](#).
- Members are asked to remain 6 feet from others unless you are spotting someone. Thank you for your cooperation.
- We're closed for cleaning Monday through Friday 2:15-3:30 pm.
- **Please remember to scan out when you leave the building.** We have a scanner just prior to the Wellness Center exit and another scanner in the lobby.
- After using equipment for your workout, please spray the provided towel with cleaner & then wipe the equipment. This is better for the equipment & better for sanitizing than spraying the equipment & wiping off the sanitizer.
- Locker rooms are open for use as restrooms & to change clothes.
- Showers are open Monday through Friday from 5:00 am - 2:00 pm.

- No use of lockers.
- We've removed the adult & youth designation of the locker rooms for the summer. People of all ages may use either locker room.
- We are disinfecting locker rooms every 2 hours. While we are disinfecting, the locker room may be closed. If the door is locked or sign posted that it's closed; members will need to use the other locker room.
- We have a deck shower on the 8 Lane Pool deck for swimmers to rinse off before & after swimming.
- We have a new member waiver for all adult members to sign. You can sign it electronically before your first visit to the Y. [Link to YMCA Electronic Signature Page](#)

Read the updated [Code of Conduct and Promise to Members here](#).

Read our FAQs [Member Frequently Asked Questions Marion Family YMCA](#)

Read [Responsible Restart Ohio Gyms Requirements here](#)

Read [Responsible Restart Ohio Pool Requirements here](#)

Read [Responsible Restart Ohio for Child Care here](#)