

WELCOME BACK! WE HAVE MISSED YOU!

June 3, 2020

Dear Y Member,

Thank you for a GREAT first three days as we have welcomed members back to our Y.



We just finished day three of being open for fitness and all is going well. Thank you to our 217 members who

have already come in for a workout. Things are going so smoothly that we're reopening faster than anticipated: The Family Wellness Center and Track are now open!

A few important announcements and reminders:

- Starting now, the Family Wellness Center and Track are open! Children must be at least 9 years old & have completed an Iron Kids Orientation in order to use the Family Wellness Center.
- Starting June 8, we'll open at 5:00 am Monday through Friday.
- For each visit, pllease complete the self-screening posted in the foyer. You can read it here.
- We strongly encourage face coverings as you enter the building. You can then remove your mask when exercising.
- Have your membership card ready or your bar code number in our mobile app. You can download the app from the App Store or Google Play. Search for Marion Family YMCA.
- Locker rooms are open just as restrooms & for hand washing no lockers or showers.
- Bring a bottle of water. Our drinking faucets and vending machines are turned off
- We have a new membership waiver for all adults to sign. You can sign it now <u>Link</u> to YMCA Electronic Signature Page. You just need your bar code number and last name. An adult in each household must sign this before a minor from that household may use the facility.
- No guests, Marion Family YMCA members only.
- We now ask that all members check out when leaving the building. We have a card swipe station at the exit in the Wellness Center and we're adding another check out station in the lobby.

Group Exercise classes in person at the Y by reservation start June 8

We'll be offering approximately 20 class options for Group Exercise classes next week all in Aerobics Studio 1. Each class is limited to 9 participants and members must make a reservation in advance. It's taking us a little longer than expected to prepare the reservation software. The system will be live starting June 5. We'll send an email Friday morning with the reservation link. It will also be on our website and social media pages.

Group Exercise class participants will need to bring your own exercise mat, towel & bottle of water. You can preview the class schedule here.

Open Gym and Pickleball by reservation start June 8

Click <u>here to see our Gym Schedule starting June 8</u>. Members may use the gym for Pickleball and Open Gym by reservation. If more than one member of your family is coming for either, we encourage you to make separate reservations for each family member. You'll be able to make reservations through a website or by calling the Y. Watch for an email Friday morning with the reservation system. The reservation system will be live starting June 5.

Youth at the Y

With the Family Wellness Center now open and Open Gym starting next week, we are excited to welcome back our younger members. **Children must be at least 11 years old to come to the Y without an adult.** Children ages 9 & 10 must have an adult in the building, but they may be engaged in separate activities. Children 8 & younger must be directly supervised by an adult at all times.

Children must be 9 & older and have completed an Iron Kids Orientation in order to use any of the exercise equipment in our Family Wellness Center.

We strongly encourage a parent to come in the Y when your child returns for their first visit. You can help him / her understand our social distancing rules, wash hands, check in & understand the check out process.

We also need a parent or guardian from your family to sign our new member waiver. Please make sure you sign this before sending your child to the Y by him/herself. <u>Link to</u> <u>YMCA Electronic Signature Page</u>

Facility Hours starting June 8

Monday through Friday 5:00 am – 2:00 pm and 4:00 – 8:00 pm Saturday 8:00 am – 5:00 pm

It's been a great first few days of back serving the community with health and wellness activities in the building. Thank you for being a member and I hope to see you soon.

Theresa <u>tlubke@marionfamilyymca.org</u> 740-725-9622 (if we don't answer, leave a message so we can return your call)

Read our <u>Code of Conduct and Promise to Members here.</u> Read our FAQs <u>Member Frequently Asked Questions Marion Family YMCA</u> Read <u>Responsible Restart Ohio Gyms Requirements here</u> Read <u>Responsible Restart Ohio Pool Requirements here</u> Read <u>Responsible Restart Ohio for Child Care here</u>

Marion Family YMCA | WOPAT YMCA CENTER, 645 Barks Road East, Marion, OH 43302

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