



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SERVING THE COMMUNITY THROUGH WATER SAFETY HEALTH, WELL-BEING & FITNESS

Lifeguard Training

MARION FAMILY YMCA

Where

Marion Family YMCA

Cost:

Member: \$100.00

Program Participant: \$175.00



When:

Friday, May 17 5:00pm -9:00pm

Saturday, May 18 9:00am - 5:00pm

Sunday, May 19 12:00pm - 4:00pm

Additional Info:

This is a Red Cross Certification. Participants must be 15 years or older by the first day of the class in order to take the course. Participants must attend ALL class dates and times to be for successful certification. Participants must pass the online class prior to the first day of class. Class is open to a limited number of 20 participants.

Prerequisites:

Participants must complete the following Physical Competency Requirements on the first day of class to be eligible for certification:

Tread water for 2 minutes without hands. Swim 300 yards continuous of the front crawl or breast stroke. Swim 70 yards and surface dive to retrieve a 10 lb brick, swim back to the wall on your back.

Participants are expected to bring a swim suit and be prepared to get in the water every day of class.

Please refer any questions to the Aquatics Director, Justis Davis at jdavis@marionfamilyymca.org or 740-725-9622 ext 23.

**MARION FAMILY YMCA
WOPAT YMCA CENTER**

645 Barks Road East - Marion, OH 43302

P 740-725-9622 www.marionymca.org