

## Marion Family YMCA

### POSITION DESCRIPTION

**TITLE:** Y-USA Class Trainer  
**GRADE:** IV  
**SUPERVISOR:** Wellness Director  
**DATE:** July, 2018

**Position Overview:** Under the direction of the Wellness Director and in accordance with the goals and objectives of the Marion Family YMCA, trainers lead classes and provide excellent service to class participants in a safe, enjoyable, and positive environment that promotes wellness and engagement. Trainers must role model the YMCA values of caring, honesty, respect and responsibility and work daily to develop personal and meaningful relationships with members, staff, and guests.

**Position Requirements:** Must obtain and maintain current certifications the class you are responsible for training.

**PHYSICAL REQUIREMENTS:** While performing the duties of this job, the employee is regularly required to stand, walk, talk, and hear. The employee should have the ability to conduct classes and activities related to fitness, and the ability to perform all physical aspects of the position, including walking, standing, bending, reaching and lifting. The employee should be able to physically participate in the instruction of the class.

### ESSENTIAL FUNCTIONS:

1. Build meaningful relationships with participants; help participants connect with one another and to the YMCA.
2. Work daily to nurture the potential of youth and teens; help people improve their well-being; and provide opportunities for people to give back and support their neighbors.
3. Promote the mission of the Marion Family YMCA and core values of caring, honesty, respect, and responsibility in all job-related functions.
4. Lead and instruct class participants according to Y USA Training
5. Conduct energizing, fun, safe and educational classes.
6. Ensure that appropriate equipment is accounted for and ready for class use.
7. Keep accurate class attendance records, set up room, make copies as needed, get sanction numbers, and other duties as needed.
8. Conduct self in a professional, friendly, helpful, courteous and diplomatic manner.
9. Prepare class material and present to participants in specific class format.
10. Have good judgment and ability to make good decisions.
11. Maintain an open line of communication with class participants and welcome the small community created in class.
12. Work in a safe manner to avoid accidents and injuries.
13. Attend all applicable in-service trainings and staff meetings.
14. Follow YMCA policies and procedures; respond to emergency situations.
15. Meet Y USA standards for YUSA Trainer

**EFFECTS ON END RESULT:**

The effectiveness of the incumbents' fulfillment of this position should be measured by:

1. Class participants should be educated and inspired within the class materials
2. Class participants are connected and supported as measured by member satisfaction surveys, program evaluations and other means.
3. Building cause-driven leaders
4. Extraordinary facilitation skills and subject matter expertise
5. A Y whose programs and services nurture the potential of youth and teens; improve people's health and well-being; and provide opportunities for people to give back and support their neighbors.
6. The Marion Family YMCA will be known in the Marion area as an organization that strengthens the foundations of the community.