

## Marion Family YMCA

### POSITION DESCRIPTION

**TITLE:** Lifeguard  
**GRADE:** III  
**SUPERVISOR:** Aquatics Director  
**DATE:** July 2018

**Position Overview:** Under the direction of the Aquatics Director and in accordance with the Strategic Road Map of the Marion Family YMCA, the lifeguard is responsible to maintain safe swimming conditions in the pool, deck, and surrounding areas. The lifeguard creates a safe and positive atmosphere that promotes member safety and engagement in accordance with Y policies and procedures.

**Position Requirements:** Must be at least 16 years of age. Must have prior to hire and maintain certifications in: CPR for the Professional Rescuer, AED, Basic First Aid, Emergency Oxygen, YMCA Lifeguard or equivalent. Ability to maintain certification-level of physical and mental readiness. Must demonstrate lifeguard skills in accordance with Y standards.

### Physical Requirements:

Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility. Remain alert with no lapses of consciousness. Meet strength and lifting requirements. See and observe all sections of an assigned zone or area of responsibility. While performing the duties of this job, the employee is regularly exposed to warm, wet and/or humid conditions. The noise level is usually loud. In addition, lifeguard candidates should have a minimum hearing threshold of no more than an average of a 25-decibel loss in both ears over a range of frequencies (500Hz, 1000 Hz, 200 Hz, 788 and 3000 Hz). Candidates who use hearing aids or other corrective devices for hearing should be able to perform all rescue skills and emergency procedures without interruptions to adjust, retrieve, or install or attach a hearing aid or corrective device. Candidates who use corrective eyewear should be able to perform all rescue skills and emergency procedures without interruptions to adjust, clear, or retrieve corrective eyewear.

### ESSENTIAL FUNCTIONS:

1. Maintain active surveillance of the pool area and is rescue ready.
2. Build meaningful relationships with members and participants; help members connect with one another and to the Y.
3. Work daily to nurture the potential of youth and teens; help people improve their well-being; and provide opportunities for people to give back and support their neighbors.
4. Know/review all emergency procedures and responds to emergency situations immediately in accordance with Y policies, procedures, and the "safe-in-six" model.
5. Know, understand, and consistently apply safety rules, policies and guidelines for the pool and aquatic area.
6. Check the pool for hazardous conditions when arriving.
7. Perform equipment checks and ensures appropriate equipment is available as needed.
8. Attend all staff meetings and in-service training and practices proper technique during drills.
9. Maintain accurate records and complete all reports as required by the Y and/or the state Health Department code.
10. All other duties as assigned.
11. The incumbent must be able to fulfill the above job requirements by purposefully and seamlessly challenging her/himself and others to accept and demonstrate the positive values of Caring, Honesty, Respect and Responsibility.

**EFFECTS ON END RESULT:**

The effectiveness of the incumbents' fulfillment of this position should be measured by:

1. A Y that has strong relationships with its members and donors as reflected in membership retention and program participation.
2. An aquatic environment that is safe and friendly.
3. A Y that is welcoming to the community and reflects our mission and values.
4. A Y where safety and risk management is the highest priority.
5. A Y whose programs and services nurture the potential of youth and teens; improve people's health and well-being; and provide opportunities for people to give back and support their neighbors.
6. The Marion Family YMCA will be known in the Marion area as an organization that strengthens the foundations of the community.

*The Marion Family YMCA instills the values of caring, honesty, respect and responsibility through programs and services that a build healthy, spirit, mind and body for all.*